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<u>December 29</u> – Hamburger Mary's Charity Bingo – Ybor We sell out a full bus every trip, please sign up early. Hosted by Tampa's most fabulous drag queens, this is not your typical "church basement bingo!" The show can get a little risqué, so enjoy the drink specials and have fun. It's all about having fun while supporting local charities. Enjoy 50/50raffle. drink the Eat. and.....be Mary. Additional bingo sheets an additional donation CASH ONLY). Includes: 10 games of bingo and bus transportation. Board: 5:10 p.m. Return: approx. 9:30 p.m. Sign up deadline Dec 6.







newsletter also pays YOU with our Monthly Mania Cash Give-a-Way. We pay out \$400 every month to residents who submit tickets they have received from using the businesses in the newsletter. Winning is easy, just patronize any advertiser in the newsletter, then submit either the ticket or a paid receipt to us for your chance to win! Now You Have More Chances to Win! We are now offering unlimited entries into our Monthly Mania drawing by just SUGGESTING a business to advertise. Here is how is works: 1. Call our office and suggest a business to advertise in the newsletter 2. We will take down your information (name, address, phone number) and enter you into the next month's drawing for over \$400 in cash prizes 3. The more businesses you suggest, the more chances you have to win. Thanks For (To qualify each resident can only suggest a business once) The Referrals What businesses would you like to see advertising? We have spots available in the following categories: Accountant/Tax Prep Foot Specialist - Podiatrist Moving Services • Assisted Living Facility • Golf Cart Sales & Service • Optometrist • Attorney/Lawyer Hair Salon/Day Spa • Automotive Painting/ • Hearing Aid/Retail • Pet Services Detailing Home Care • Pharmacy • Automotive Repair/Sales • Remodeling/Interior Home Furniture & Mattress Awnings House Cleaning Resale Store • Banks • Insurance Home/Auto/Health • Restaurants Bathroom Remodel • Screen Repair Investment/Brokerage \$5 Winners • Bicycle Repair & Sales • Jewelry Sales/Design/Repair • Storage

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Last Month!

Three

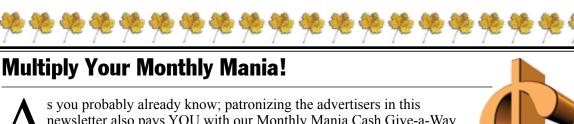
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#### Moo! Cows may be smarter than you think

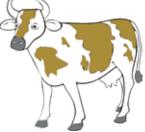
hat's the smartest animal you can think of? Dolphins and chimpanzees may spring to mind quickly, but don't neglect one often-overlooked farm animal: the cow.

College students at the University of Sydney (as reported by the Huffington Post) conducted experiments with dairy cows and found that our bovine friends are capable of quickly mastering a maze to find food, and thus may possess better problem-solving skills than previously known.

The cows were tested in a T-shaped maze similar to those used with mice and rats. They learned to follow a sound through the maze to get to their food, with

one of them reaching its goals within the first 20 seconds of the test.

The results suggest that cattle farmers could train cows to obey specific sound signals to come in for milking, producing greater efficiency on dairy farms.



## Global warming, not Ice Age, may have killed mammoths

iant wooly mammoths roamed the Earth until about 11,000 years ago, when they abruptly went extinct. For years, scientists theorized that they were killed by the cold temperatures of the last Ice Age. Now some believe the explanation is just the opposite: The extinction event was caused by a sudden warming event known as an interstadial.

> According to research published in the journal Science, DNA studies of ancient animals point to the sudden extinction of many large species in past ages. As more DNA from fossils became available, and carbon dating methods improved, scientists discovered that the wipeouts didn't correspond to the rise of glaciers and cold weather, but rather to periods of rapid global warming.

> > Early humans also contributed to the demise of the mammoths and other large beasts, but the evidence suggests that climate change was a major factor in their extinction—raising concerns about the future of our present environment.

# Have a nice flight (if you can)

Flying may be the fastest and safest way to travel, but we all have our own preferences and quirks when traveling by air. A survey of more than 1,100 family travelers by ExpertFlyer looked at passenger habits. Their findings included:

- Airline choice. United? American? Southwest? Forty-five percent of participants said that airline mile redemption was a factor in choosing which airline to fly on.
- Storage space. Space is at a premium on most airplanes. Seventy-five percent admitted to "stealing" overhead bin space beyond their authorized allotment.
- Food. In-flight meals aren't the only option if you're hungry. More than one-third of passengers said they bring their own food to eat during flight.
- Complaints. Flying can be stressful. The top complaint: A bad seat or a seat not near companions (35 percent), followed by delays (25 percent), and general discomfort (24 percent).
- Worries. Lost luggage is one thing, but 21 percent of survey participants said that terrorism is their biggest concern when traveling with their families. That was followed by getting lost or separated (19 percent) and crime (19 percent).

## Who's drinking all the coffee?

ots of people depend on coffee to get them through the day. According to figures from Gallup, 64 percent of U.S. adults drink at least one cup a day. Some drink more:

- One cup 26 percent
- Two cups 19 percent
- Three cups 8 percent
- Four or more
  None
  11 percent
  36 percent
- Coffee is somewhat more popular with the older generation, with 74 percent of people 55 or older drinking it daily, a habit shared by just 50 percent of the 18-34 crowd. Women drink a little more than men: Sixty-six percent of women report having one or more cups per day, while 62 percent of men say the same. And Caucasians drink more than African-Americans—67 percent to 59 percent.













#### November Is...

**ilitary Family Appreciation Month**. Throughout November, military families serving around the world are honored through a variety of observances and recognized for their commitment and the many contributions they make every day in support of the military and our nation.

**National Epilepsy Awareness Month.** The Epilepsy Foundation estimates that 65 million people around the world, and 2 million in the U.S., have epilepsy—a neurological condition in which disturbances in the electrical activity of the brain cause seizures. National Epilepsy Awareness Month seeks to break down barriers stopping people with epilepsy from reaching their fullest potential.

**National Peanut Butter Lover's Month**. Celebrate your love of peanut butter this month by sharing these facts with your friends: One 12-ounce jar of peanut butter contains about 540 peanuts; one acre of peanuts can produce enough peanut butter for 30,000 sandwiches; and peanuts contribute more than \$4billion to the U.S. economy every year.

**Native American Heritage Month**. Beginning as a single day of recognition for the contributions the first Americans have made to the establishment and growth of the U.S., Native American Heritage Month was designated in 1990 by President George H. W. Bush.

## Week to Week in November

Ational Animal Shelter Appreciation Week, Nov. 2-8. Approximately 3,500 animal shelters across the United States serve the estimated 6-8 million homeless animals in need of refuge each year. Show them some love and support.

**National Hunger & Homelessness Awareness Week, Nov. 14-22**. Held each year the week before Thanksgiving to give Americans a time to show compassion for people experiencing hunger and homelessness.

**Geography Awareness Week, Nov. 15-21.** Spatial thinking through maps is one of the most important skills that students can develop as they learn geography, Earth and environmental sciences, and so much more. Celebrate and explore the power of maps!

American Education Week, Nov. 16-20. Take this opportunity to celebrate public education and honor individuals who are making a difference in ensuring that every child receives a quality education.



### Stay healthy when you travel

an your hotel room make you sick? Whether you're on vacation or traveling for work, you don't want your accommodations to create health issues. Try these tips to stay healthy wherever you crash:

- Get a smoke-free room. Avoid exposure to leftover smoke and nicotine by requesting a smoke-free floor when you make your reservations, or at least a nonsmoking room.
- Resist the minibar. Decline a minibar key when you check in. You'll be free of temptation to indulge in unhealthy (and expensive) drinks and snacks.
- Ditch the bed cover. Bed covers can be hiding places for bugs and other pests. Store it in a dresser or a corner of your room before going to bed.
- Bring your own disinfectant. Wipe down the phone, TV remote, and other devices with an antibacterial spray or wipe before using them to get rid of any harmful bacteria and germs from previous guests.
- Use fresh cups. Don't drink from reusable glasses and cups. Stick with your own water bottle, or plastic disposable cups wrapped in plastic.

## Don't sabotage your diet during the long afternoon

- You can eat a healthful breakfast and a nutritious lunch, yet still undercut your efforts to stay fit if you slack off in the afternoon. Watch out for these post-lunchtime habits that can add on extra pounds (from the Health Magazine website):
- Heavy snacks. A mid-afternoon snack can turn into a second lunch if you're not careful. Don't overdo it. Limit your snacking to 150 calories or fewer.
- Avoiding the gym. Schedule time for exercise; don't skip it just because you're busy or tired. Burning calories is important to staying in shape.
- The coffee shop. If you need a dose of caffeine, don't overload on extra sugar and cream, and resist the scones and muffins. Have a cup of coffee or tea at work, or ask a friend to pick up something salubrious for you so you don't face the temptation.
- Workplace celebrations. Birthdays, showers, good-bye parties and the like usually feature treats that can pack on the pounds. Share your good wishes, but don't go overboard on the goodies.









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#### ACROSS

- 1. Distinctive flair
- 5. Operatic solos
- 10. Money owed
- 14. Location
- 15. Dining room furniture
- 16. Margarine
- 17. Skidoo
- 19. Ice cream holder
- 20. Poetic dusk
- 21. Licoricelike flavor
- 22. Canvas shelters
- 23. Smiled contemptuously
- 25. Coming and
- 27. Donkey
- 28. Relax
- 31. Burn maliciously
- 34. High, low and neap
- 35. Orange pekoe
- 36. Salt Lake state
- 37. Fine thread
- 38. Female chickens
- 39. Bite
- 40. Shabby
- 41. Woman's undergarment
- 42. University
- 44. What we breathe
- 45. Angler's basket
- 46. Implore
- 50. Extraterrestrial
- 52. Tropical vine
- 54. 56 in Roman numerals
- 55 Backwards "Door"
- 56. Elephantine
- 58. Strike heavily
- 59. Coral island
- 60. Norse god
- 61. If not
- 62. Segments of DNA

#### 17 19 23 25 26 32 38 39 42 43 48 60 62





#### DOWN

- 18 Fen
- 22. Fastens
- 24. Every single one
- 26. Curved molding

- 37. Disabled
- 38. German for "Mister" 56. Muzzle

40. Adolescent

41. Moon of Saturn

46. American symbol

49. Of very poor quality

53. Weightlifters pump

43. Scoop shovel

44. Chronicles

47. Avoid

48. Utilize

50. Backside

51. Take it easy



November Crossword



10. Instructor 11. Stetched 12. Not straight

9. Behold

1. S S S S

3 Redress

4. Not used

6. Fanatical

7. Nile bird

8. Supposedly

5. Makes amends

2. Flax fabric

13. Foot digits

- 28. Panorama 29. Care for
- 30. Not difficult
- 31. Bluefin
  - 32. Ear-related
- 33. Voracious
  - 34. Excite pleasurably

## this

57. Craggy peak

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	. 121 041 0041
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NOVEME	3EK•201	C
Sunday	Monday	Т
1	2	
Daylight Savings Time Ends		
8	9	
15	16	
22	23	
29	30	

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uesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7
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10	11	12	13	14
	Veteran's Day			
17	18	19	20	21
24	25	26	27	28
		Thanksgiving Day		

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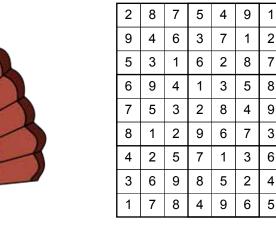
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	4					2	5	
5	3				8	7		
6		4	1				7	
				8				
	1				7	3		5
		5	7				8	9
	6	9					1	
			4		6	5		















## Watch for these risks of high blood pressure

f you haven't checked your blood pressure lately, you may not be aware of some of the risks associated with hypertension. Here's what high blood pressure can do to you:

• Heart attack. Your coronary arteries can be damaged and blocked, as high blood pressure causes atherosclerosis.

• Stroke. Hypertension can cause the arteries in your brain to weaken, potentially leading to a stroke if they clog or burst.

• Heart failure. Narrowed arteries caused by hypertension can increase your heart's workload, which may lead to an enlarged heart unable to supply enough blood to the rest of your body.

• Kidney failure. High blood pressure can also caused narrowing of arteries in the kidney, inhibiting their ability to filter blood and regulate hormones and fluids in your body. Ultimately, kidneys can shut down if the arteries grow blocked.

• Vision loss. In the eyes, hypertension can cause bleeding, as well as swelling of the optic nerve—both of which can damage your eyesight.

### Mice controlled with new brain implants

B rain control seems to be a reality—in mice, at least. Scientists at the Washington University School of Medicine and the University of Illinois have developed a tiny implant, thinner than a human hair, that allows them to control the movements of mice.

Previous attempts involving photostimulation through fiberoptic cables or drug injection through metal tubes required surgery and damaged brain tissues. The new technique uses a small device mounted to the head of a mouse and powered by a battery. The device delivers drugs from small reservoirs to the mouse's brain. In one test, a mouse was made to walk in circles after its brain was injected with a chemical that mimics morphine.

In another set of experiments, scientists modified mice brains to make them sensitive to light and stimulated brain cells with tiny LEDs. The mice were kept on one side of a cage by flashing light pulses on specific brain cells.

Scientists and physicians hope that the experiments will lead to more minimally invasive procedures to treat humans suffering from stress, depression, addiction, and pain.



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#### Lasers become even more powerful

The most powerful laser beam yet developed is at Osaka University in Japan, according to the Fortune magazine website. In July, researchers fired a beam for one-trillionth of a second containing energy equivalent to 1,000 times the amount of electricity consumed by the entire world—2 quadrillion watts.

The beam was generated using a device called a Laser for Fast Ignition experiments (LFEX), which amplifies laser energy with four specialized devices inside the laser. Scientists hope to increase its output to 10 petawatts (10 quadrillion watts) in the near future.

### Don't squelch creativity with these common errors

Just as we know many ways to spark the creative process, we also can identify practices and behaviors that can inhibit it, especially at work. Whether you're a manager or an employee working on a team, be careful of these mistakes that can impede creative thinking (adapted from an article on the Harvard Business Review website):

• Disorganized brainstorming. Sitting around and generating random ideas won't do much good if your team isn't informed and focused on what's relevant. Don't call a brainstorming session until you've clearly defined the problem you're trying to solve and everyone has had some time to research it and think it over.

• Too much agreement. Most of the time, you want your team to work together cohesively. But when trying to encourage creative thinking and new ideas, you sometimes need friction to create light and heat. Give people permission to poke holes and challenge each other as long as they stay civil and remain focused on the issue under discussion, not personalities and personal agendas.

• Failure to test. You may not recognize the best idea at once. Before committing to a course of action, test out some of the most viable concepts to see what works best. You may be able to eliminate one, or combine two others. Just seeing how the idea flies in real life may spur more creative thinking about how to improve your original thought.





#### A true friend

ship was wrecked during a storm at sea, and only two sailors survived. They reached a small, deserted island.

The two sailors were good friends, but they agreed that they should separate to avoid fighting with each other over food and shelter. They split up and lived on opposite sides of the island.

The first sailor prayed to God for food. The next morning he discovered a tree bearing fruit on his side of the island. From a hill, he saw his friend still scrambling to find something to eat. "God must have heard my prayers, but not his," he thought.

That night he prayed for fresh water, and the next day he found a spring. The other sailor had to ration his own water and wait for rain.

Lonely, the sailor prayed for a companion, and soon after a small dog came swimming up to the beach, the survivor of another shipwreck. But the second sailor was still alone.

And so it went. The first sailor got everything he prayed for, while the second one struggled to survive.

One night the sailor prayed for rescue. And the very next day a ship sailed into sight on his side of the island. He jumped and waved, and soon a boat was sent to shore. The sailor and his dog eagerly jumped in, and the rescuers started rowing back to the ship.

Then a voice came into his head. "What about your friend?" the voice asked.

Believing he was hearing God, the sailor said, "We both prayed, but only my prayers were answered. Why should I do anything for him?"

"You both prayed," the voice agreed. "But while you prayed only for yourself, your friend asked that your prayers should be answered."

Realizing the truth, the sailor immediately had the boat turn around to rescue his generous friend.





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#### Winston Churchill, dog lover

Www. Inston Churchill had a beloved poodle named Rufus. He was so fond of his dog that he treated it like a member of the family, even letting Rufus in the dining room with everyone else in the household. Rufus had a cloth on the Persian carpet beside the head of the table, and no one ate until Rufus had been served.

One evening Churchill was watching the film Oliver Twist in his residence. Rufus, as usual, had the best seat in the house—on the master's lap. At the point in the film when the villainous Bill Sikes was about to drown his dog to put the police off his track, Churchill covered Rufus's eyes with his hand.

"Don't look now, dear," Churchill said. "I'll tell you about it afterwards."

#### Laughter and tears

wise old man sat sitting with a group of friends cracked a joke. Everyone laughed. After a moment, he told the same joke again. This time, only a few people laughed.

He repeated the same joke over and over again. When there was no more laughter, he asked, "You can't laugh at the same joke over and over again, but why do you keep crying over the same things over and over again?"

When no one could answer, the old man explained: "The novelty of jokes is in the element of surprise. Crying, on the other hand, is the exact opposite. It is the element of predictability or certainty that drives many of us to cry over the same things."

### Will Rogers wins a bet

Lumorist Will Rogers was once taken to the White House to meet President Calvin Coolidge. Aides cautioned him not to make any jokes because the president was said to have no sense of humor. Rogers bet one of them that he could have Coolidge laughing within 20 seconds.

When they met, the aide said, "Mr. President, may I introduce Mr. Will Rogers."

Rogers held out his hand with a questioning look. "Pardon me, I didn't quite get the name." Coolidge roared with laughter, and Rogers won the wager.





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#### **EVENTS & PROGRAMS**

BAZAAR - November 15th. Ranchero Village on Ulmerton Rd, 12 noon -4pm. Tables available \$15.00 each.

Teakwood Village East Annual Bazaar, Largo (Missouri Ave. behind the new Walmart at Aloha Clubhouse). Sat. Nov. 14th from 8am-1pm. Furniture, clothes, crafts, baked goods and much more. Lunch available.

Huge Pre-Christmas Sale. Lake Haven MHP 1415 Main St. Dunedin FL. Decorations, gift items, small appliances & glassware. The biggest bale sale in town! Lunch served all day. Sat., Nov. 21st, 2015 - 8am-2pm.

5th Annual Arts & Craft Fair. Sat., Nov., 14th, 2015 9am-1pm. Lake Haven MHP - Paradise Island Clubhouse. SR580 & Lake Haven Road, Dunedin. Handmade items for gifts & home décor.

ART/CRAFT Fair. Lake Highlader MHP. 1500 County Road 1. Friday, November 20th. 9am- 1pm

Car Port and Craft Sale at Oak Crest MHP, Largo. Saturday, November 21st 2015, 8am to 2pm. Crafts and food for sale in the clubhouse.

FLEA MARKET Saturday, November 28th 9am-Noon. Lake Seminole Resort Clubhouse 10245 110th Ave N. Largo. Clothes, books, household items, decorations.

Caribbean Isles Craft/Granny Attic November 25, 8am-1 pm, Breakfast/ Lunch available. 12100 Seminole Blvd., Largo

#### 10 WORDS for \$8.55 - Each additional word is 80¢ Your Ad Will Appear in 60 Mobile Home Park Newsletters NO ADS ACCEPTED BY PHONE OR EMAIL

Annual Craft Fair Saturday Nov 7, 2015 @ Paradise Island Clubhouse, 1001 Starkey Rd. Largo. Open 9am-1pm. A big variety of crafts. Bake sale and canteen open for food.

CRAFT SHOW, East Bay Oaks, 601 Starkey Road, Largo. Saturday, Dec 5th from 8-2. Also Bake Sale, Basket Raffle, & Hot Lunch Available.

CRAFT FAIR! Saturday November, 7th, 8 AM - 2 PM, Sugar Creek Mobile Home Park Clubhouse - 10265 Ulmerton Rd., Largo (Behind Pier One Store) Lunch and Bake Sale. Table \$10.00 727-584-4204

WHITE ELEPHANT SALE. Saturday November 7 - 9AM-1PM, Americana Cove, 72011st St NE, St. Petersburg, FL 33702. Jewelry, antiques, electrics, housewares, pictures, books, DVD's, CD's, tapes, LP's, collectibles, linens, plants, furniture, bakery and raffles.

Sat. & Sun, Nov. 7 & 8, 8A - 2P. AN-NUAL CARPORT SALE. Lincolnshire MHP, 1071 Donegan Rd., Largo. Clothing, Furniture, antiques, crafts, household items.

#### HELP WANTED

CRAFTERS NEEDED! Oak Crest MHP, Largo, Car Port and Craft Sale. Sat., Nov. 21st 2015.Tables \$7 residents, \$10 non-residents. Call Rebecca at 440-533-5559

#### ARTICLES FOR SALE

Lady's Set Golf Clubs, with bag and pull cart. R/H. \$125.00 727-288-4838

6ft. Artificial Spruce Christmas Tree with decorations. \$25. 727-614-9107

DORAL VILLAGE, 29250 Hwy 19 N, Lot 86, Nov. 20 & 21, 8-4. Tools (hand, power, garden, auto), coolers, magazines, knifes, BBQ's, radios, electrical (fixtures, cords, bars, appliances) & much, much more!

For Sale: 9x12 indoor / outdoor carpet, reversible \$50. 727-584-3581

Jewelry 4 sale unique items Nov. 13th & 14th, 9-2. 2000 E. Bay Dr, Lot 75 Largo.

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## **DECEMBER AD DEADLINE - NOVEMBER 10, 2015**

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284. • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.













# Take this Eye-Q test — See how much you know about glaucoma

Millions of Americans are at risk for vision loss from glaucoma, a leading cause of blindness in the United States. Are you one of them? If you are, do you know how to reduce your risk of blindness? To determine how high your Eye-Q is, answer the following questions about glaucoma.

		True	False	Not Sure
1	Glaucoma is more common in African Americans than in Whites.			
2	Glaucoma tends to run in families.			
3	A person can have glaucoma and not know it.			
4	People over age 60 are more likely to get glaucoma.			
5	Eye pain is often a symptom of glaucoma.			
6	Glaucoma can be controlled.			
7	Glaucoma is caused by increased eye pressure.			
8	Vision lost from glaucoma can be restored.			
9	A complete glaucoma exam consists only of measuring eye pressure.			
10	People at risk for glaucoma should have an eye examination through dilated pupils.			

To see if you have a perfect Eye-Q score, read all the answers on the back. If you got 9 or 10 right, congratulations. You know a lot about glaucoma. If you missed some, review the answers so you can share your knowledge with your family and friends.



**14,492 manufactured home residents have won over \$124,374** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or <u>mail your paid reciept</u> to us at **Monthly Media • PO Box 1023 • Venice, FL 34284.** That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

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(Allow 4-6 weeks for mailing of check). This month's cash						
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Lynn Hurd \$10 Sunset Appliance Service	Debra Thompson \$5 Dr. Peter Mason					
David Peterson	Linda Esperti \$5 E & E Glidden Air Conditioning, Inc.					
Susan Callahan\$10Boss Electric Corp.	Sandy Conklin					
Emile Laflamme\$10Battleline Termite and Pest Control	Jolene Lease					
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Paul Kelly\$10Largo Plumbing Co.	Avis Audibert					
Alec Knight	Rosemary Nifong \$5 Bill the Carpet Guy					
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Catherine Alexander \$5Advertiser Referral	Pauline Monize					
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